



Identifying the **RED FLAGS** in child development

As a child develops as they get older. Certain skills are needed in order for adequate concentration and school related skills to develop. This checklist was compiled to assist you with the spotting of red flags in development in order to help you help your little one reach their full potential and avoid having to do crisis management at a later stage.

GROSS MOTOR INDICATORS

- Struggles to maintain a good sitting/ standing posture.
- Struggles to sit still.
- Struggles with ball skills.
- Does not know own body (where what is and man drawing).
- Afraid of heights.
- Struggles with activities that require balance.
- Shifts/turns body/page when working at table.
- W or M sits on carpet/floor.
- Struggles to master galloping and skipping.
- Struggles to balance or hop on one leg.
- Falls regularly and gets hurt often.

FINE MOTOR INDICATORS

- Poor pencil grip and use of utensils.
- Hand tires easily during colouring/ writing.
- Swops hands.
- Poor quality when writing/colouring/cutting.
- Struggles to tie shoelaces/zips/ buttons etc.
- Struggles to copy figures/pictures/ from board.

SENSORY INDICATORS

OVER SENSITIVE/AVOID BEHAVIOUR:

- Dislikes physical contact, hugs and kisses.
- Has a big personal space.
- Dislikes textures/some materials (sand/dough/clothing tags).
- Dislikes getting dirty.
- Dislikes walking barefoot.
- Avoids swings/slides/jungle gym.
- Gets carsick.
- Poor sleeping pattern and fussy eater.
- Dislikes getting dressed/bathing time/brushing teeth and combing hair.

UNDER SENSITIVITY:

- Prefers passive activities.
- Unaware/less aware of touch and temperatures (does not get cold easily).
- Unaware/less aware of sounds (seems as if he/she is not listening).
- Unaware/less aware of own body in space (would bump into things/people regularly).
- Unaware/less aware of pain (does not get hurt/perceive pain easily).

SEEKING BEHAVIOUR:

- Spins/swings/tumbles and turns/sways (in attempt to seek movement).
- Climbs/jumps impulsively.
- Feels/ touches/chews everything.
- Very little to no personal space.
- Sings/makes noises.
- Impulsive and often perceived as naughty.

PERCEPTUAL INDICATORS

- Unsure of shapes/colours/sizes/ numbers/ bodyparts.
- Inefficient knowledge regarding terms like up, down, in front, behind etc.
- Can't discriminate between left and right.
- Draws pictures/numbers /letters in reverse or upside down.
- Struggles to build a puzzle.
- Struggles to identify small differences.
- Struggles to complete a pattern.
- Struggles to construct (games like pegboard and tangram).
- Struggles to write within the lines..

WORK SKILLS AND OTHER INDICATORS:

- Needs constant reminding and support to complete tasks.
- Slow work speed.
- Takes long to get going and does not complete tasks.
- Low self-esteem
- Anxious
- Inadequate focus and concentration.
- Behavioural problems.
- Low motivation.
- Still wets bed.

